

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:15	CYCLE	CYCLE	CYCLE	CYCLE	CYCLE		
08:15	FUNCTIONAL	YOGA	FUNCTIONAL	YOGA	FUNCTIONAL		
10:00						CYCLE	
14:30	FUNCTIONAL CYCLE	CYCLE	FUNCTIONAL CYCLE	CYCLE	FUNCTIONAL CYCLE		
15:00		FUNCTIONAL		FUNCTIONAL			
17:00		YOGA		YOGA		FUNCTIONAL	
18:00		CALISTENIA		CALISTENIA			
19:00	ZUMBA CYCLE	BODY CROSSFIT	ZUMBA CYCLE	BODY CROSSFIT	ZUMBA CYCLE		
20:00	CYCLE FUNCTIONAL	CYCLE FUNCTIONAL	CYCLE FUNCTIONAL	CYCLE FUNCTIONAL	CYCLE FUNCTIONAL		
21:00	FUNCTIONAL		FUNCTIONAL		FUNCTIONAL		
21:15	CYCLE		CYCLE		CYCLE		