

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:30	FUNCTIONAL	SPORTCYCLE	FUNCTIONAL	SPORTCYCLE	FUNCTIONAL		
09:30	ABDOMINALES		ABDOMINALES		ABDOMINALES		
17:00		RITMOS		RITMOS			
18:00	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		
19:00	SPORTCYCLE	ABDOMINALES	SPORTCYCLE	ABDOMINALES	SPORTCYCLE		
19:30	FUNCTIONAL	FUNCTIONAL	FUNCTIONAL	FUNCTIONAL	FUNCTIONAL		

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