

# HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00		SPORTCYCLE GAP		SPORTCYCLE GAP			
08:30	POWER FIT SPORTCYCLE		SPORTCYCLE POWER FIT		SPORTCYCLE POWER FIT		
09:00		HARD TRAINING PILATES		HARD TRAINING PILATES			
09:30	YOGA	SPORTCYCLE	YOGA	SPORTCYCLE	YOGA		
10:00		STRETCHING		STRETCHING		ZUMBA	
10:30					ZUMBA		
11:00						POWER SPORTCYCLE	
12:00						STRETCHING	
13:30	SPORT FUNCTIONAL SPORTCYCLE	SPORT FUNCTIONAL	SPORT FUNCTIONAL SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE SPORT FUNCTIONAL		
14:30		YOGA		YOGA			
18:00	SPORT FUNCTIONAL ZUMBA	PILATES	SPORT FUNCTIONAL ZUMBA	PILATES	GAP		
18:15					ENTRENAMIENTO FUNCIONAL		
19:00	GAP SPORTCYCLE SPORT FUNCTIONAL	SPORTCYCLE UBOUND TALLER DE ABDOMINALES	SPORTCYCLE GAP SPORT FUNCTIONAL	TALLER DE ABDOMINALES SPORTCYCLE UBOUND	SPORTCYCLE ZUMBA		
19:30		SPORT FUNCTIONAL		SPORT FUNCTIONAL			
20:00	SPORTCYCLE	TALLER DE ABDOMINALES SPORTCYCLE POWER	SPORTCYCLE	TALLER DE ABDOMINALES POWER SPORTCYCLE			