

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:15	ROWING CLASS		ROWING CLASS		ROWING CLASS		
08:15	SPORT FUNCTIONAL	SPORT FUNCTIONAL	SPORT FUNCTIONAL	SPORT FUNCTIONAL	SPORT FUNCTIONAL		
08:30		SPORTCYCLE		SPORTCYCLE			
09:00	LOCALIZADA	KIMAX	LOCALIZADA	KIMAX	LOCALIZADA	SPORT FUNCTIONAL SPORTCYCLE	
09:15	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		
10:00	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL	ZUMBA	
11:00	YOGA		YOGA		YOGA	STRETCHING	
13:30	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL		
17:00	LOCALIZADA	LOCALIZADA	LOCALIZADA	LOCALIZADA	LOCALIZADA		
18:00	ROWING CLASS	ZUMBA	ROWING CLASS	ZUMBA	ROWING CLASS		
19:00	SPORT FUNCTIONAL SPORTCYCLE	ROWING CLASS SPORTCYCLE	SPORTCYCLE SPORT FUNCTIONAL	ROWING CLASS SPORTCYCLE	SPORT FUNCTIONAL SPORTCYCLE		
20:00	KIMAX	SPORT FUNCTIONAL	KIMAX	SPORT FUNCTIONAL	KIMAX		
21:00	SPORT FUNCTIONAL	YOGA	SPORT FUNCTIONAL	YOGA	SPORT FUNCTIONAL		