

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	TULUKA		TULUKA		TULUKA		
08:00	SPORTCYCLE	ENTRENAMIENTO FUNCIONAL	SPORTCYCLE	ENTRENAMIENTO FUNCIONAL	SPORTCYCLE		
09:00	ROWING CLASS AQUA GYM BODY COMBAT	BODY PUMP TULUKA	BODY COMBAT AQUA GYM ROWING CLASS	BODY PUMP TULUKA	BODY COMBAT AQUA GYM ROWING CLASS		
10:00	BODY PUMP SPORT FUNCTIONAL	RITMOS LATINOS	SPORT FUNCTIONAL SPORT TRAINING	RITMOS LATINOS	BODY PUMP SPORT FUNCTIONAL	AQUA GYM ZUMBA	
11:00	STRETCHING SPORTCYCLE BLOQUE ABDOMINALES	YOGA AERO MIX	STRETCHING BLOQUE ABDOMINALES SPORTCYCLE	YOGA AERO MIX	STRETCHING SPORTCYCLE BLOQUE ABDOMINALES	SPORT TRAINING SPORTCYCLE YOGA TULUKA	
12:00	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL	SPORTCYCLE BODY BALANCE	
13:00	TULUKA	TULUKA	TULUKA	TULUKA	TULUKA		
14:30	ZUMBA	SÚPER LOCAL	ZUMBA	SÚPER LOCAL	ZUMBA		
15:00	AQUA GYM	SPORTCYCLE	AQUA GYM	SPORTCYCLE	AQUA GYM		
17:00	TULUKA	TULUKA	TULUKA	TULUKA	TULUKA	ZUMBA	
18:00	ROWING CLASS POWER JUMP	SPORT FUNCTIONAL SÚPER LOCAL	ROWING CLASS POWER JUMP	SPORT FUNCTIONAL SÚPER LOCAL	ROWING CLASS POWER JUMP	BODY PUMP	
18:30	BLOQUE ABDOMINALES		BLOQUE ABDOMINALES		BLOQUE ABDOMINALES		
19:00	X55 SPORTCYCLE SPORT FUNCTIONAL YOGA	SPORTCYCLE RITMOS LATINOS BODY BALANCE SPORT FUNCTIONAL	SPORTCYCLE SPORT FUNCTIONAL YOGA X55	SPORTCYCLE RITMOS LATINOS BODY BALANCE SPORT FUNCTIONAL	X55 YOGA SPORTCYCLE SPORT FUNCTIONAL	SPORTCYCLE	
20:00	SPORT FUNCTIONAL BODY COMBAT SPORTCYCLE	STRETCHING SPORTCYCLE SPORT FUNCTIONAL BODY PUMP	BODY COMBAT SPORT FUNCTIONAL SPORTCYCLE	SPORTCYCLE STRETCHING SPORT FUNCTIONAL BODY PUMP	SPORTCYCLE BODY COMBAT SPORT FUNCTIONAL		
21:00	SPORT FUNCTIONAL SPORTCYCLE	TULUKA	ENTRENAMIENTO FUNCIONAL SPORTCYCLE	TULUKA	ENTRENAMIENTO FUNCIONAL SPORTCYCLE		