

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE		
08:15	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL		
08:30		SPORTCYCLE		SPORTCYCLE			
09:00	YOGA		YOGA		YOGA		
09:30		LOCAL		LOCAL			
10:00						SPORT FUNCTIONAL SPORTCYCLE	
11:00						PILATES MAT	
13:00	SPORT FUNCTIONAL SPORTCYCLE	SPORTCYCLE SPORT FUNCTIONAL	SPORT FUNCTIONAL SPORTCYCLE	SPORTCYCLE SPORT FUNCTIONAL	SPORT FUNCTIONAL SPORTCYCLE		
17:00		GAP		GAP		ZUMBA SPORT FUNCTIONAL	
18:00	PILATES MAT	STRETCHING ZUMBA STRONG	PILATES MAT	STRETCHING ZUMBA STRONG	PILATES MAT		
19:00	ZUMBA SPORTCYCLE SPORT FUNCTIONAL	SPORT FUNCTIONAL LOCAL SPORTCYCLE	SPORT FUNCTIONAL ZUMBA SPORTCYCLE	LOCAL SPORTCYCLE SPORT FUNCTIONAL	ZUMBA SPORT FUNCTIONAL SPORTCYCLE		
20:00	GAP LOCAL BODY PUMP SPORT FUNCTIONAL	ENTRENAMIENTO FUNCIONAL ZUMBA SPORTCYCLE ABDOMINALES	GAP BODY PUMP SPORT FUNCTIONAL	ENTRENAMIENTO FUNCIONAL ZUMBA SPORTCYCLE ABDOMINALES	BODY PUMP		