

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL		
07:30	ROWING CLASS		ROWING CLASS				
08:00	FUNCTIONAL ALL LEVEL	FUNCTIONAL ALL LEVEL	FUNCTIONAL ALL LEVEL	ALL LEVEL FUNCTIONAL	ALL LEVEL FUNCTIONAL		
08:15	ROWING CLASS		ROWING CLASS		ROWING CLASS		
09:00	ROWING CLASS ALL LEVEL	ALL LEVEL	ROWING CLASS ALL LEVEL	ALL LEVEL	ROWING CLASS ALL LEVEL	ALL LEVEL	
10:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	
11:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	
12:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	
13:00	GIMNASTIC	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL		
16:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	
17:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	
18:00	ALL LEVEL FUNCTIONAL	ALL LEVEL FUNCTIONAL	FUNCTIONAL ALL LEVEL	FUNCTIONAL ALL LEVEL	FUNCTIONAL ALL LEVEL	ALL LEVEL	
19:00	ALL LEVEL ADVANCE	ROWING CLASS ALL LEVEL	ALL LEVEL	YOGA ROWING CLASS ALL LEVEL	ALL LEVEL	ALL LEVEL	
19:30	RUNNING		RUNNING		RUNNING		
19:45		ROWING CLASS		ROWING CLASS			
20:00	GIMNASTIC	ADVANCE	ALL LEVEL	ADVANCE	ALL LEVEL		
20:15	RUNNING		RUNNING		RUNNING		
21:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL		