

# HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	SPORT FUNCTIONAL	SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE	SPORT FUNCTIONAL		
08:30		100% ABDOMINALES		100% ABDOMINALES			
11:00						ZUMBA SPORTCYCLE	
15:00	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL		
15:30	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		
18:00	CROSS FUNCTIONAL	MINI TRAMP	CROSS FUNCTIONAL	MINI TRAMP	CROSS FUNCTIONAL		
19:00	CROSS FUNCTIONAL SPORTCYCLE ZUMBA	GAP URBAN DANCE	CROSS FUNCTIONAL SPORTCYCLE ZUMBA	GAP URBAN DANCE	CROSS FUNCTIONAL SPORTCYCLE ZUMBA		
20:00	100% ABDOMINALES SPORTCYCLE	SPORTCYCLE MINI TRAMP	100% ABDOMINALES SPORTCYCLE	MINI TRAMP SPORTCYCLE	100% ABDOMINALES SPORTCYCLE		
20:30	PILATES/ STRECHING	HIIT CORE	PILATES/ STRECHING	HIIT CORE	PILATES/ STRECHING		
21:00		PILATES/ STRECHING		PILATES/ STRECHING			