

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	STRETCHING SPORTCYCLE	TULUKA PILATES MAT	SPORT FUNCTIONAL YOGA	TULUKA	SPORTCYCLE STRETCHING		
08:30			SPORTCYCLE				
09:00	SPORT FUNCTIONAL				SPORT FUNCTIONAL		
09:30						YOGA	
10:30						SPORTCYCLE BODY COMBAT	
11:30						POWER JUMP TULUKA	
13:00	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL		
14:00	ZUMBA		ZUMBA		ZUMBA		
18:00	TULUKA	TULUKA SPORTCYCLE	TULUKA	SPORTCYCLE TULUKA	GAP TULUKA		
19:00	ZUMBA TULUKA SPORTCYCLE	POWER JUMP TULUKA SPORTCYCLE	TULUKA SPORTCYCLE	TULUKA BODY COMBAT SPORTCYCLE	TULUKA AERO LATINO SPORTCYCLE		
19:30	100% ABDOMINALES	100% ABDOMINALES	100% ABDOMINALES	100% ABDOMINALES	100% ABDOMINALES		
20:00	SPORT FUNCTIONAL TULUKA SPORTCYCLE	BODY COMBAT TULUKA	SPORT FUNCTIONAL SPORTCYCLE TULUKA	TULUKA POWER JUMP	SPORT FUNCTIONAL TULUKA SPORTCYCLE		
21:00	TULUKA	TULUKA	TULUKA	TULUKA	TULUKA		