

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	TULUKA SPORTCYCLE ZUMBA TULUKA	ZUMBA	SPORTCYCLE ZUMBA TULUKA TULUKA	ZUMBA	ZUMBA SPORTCYCLE TULUKA		
09:00	SPORT FUNCTIONAL	LOCALIZADA SPORTCYCLE	SPORT FUNCTIONAL	LOCALIZADA SPORTCYCLE	SPORT FUNCTIONAL	LOCALIZADA	
10:00		YOGA		YOGA		YOGA	
11:00						ZUMBA SPORTCYCLE	
12:00						ABDOMINALES	
12:30						STRETCHING	
13:30		TULUKA		TULUKA			
14:30		SPORTCYCLE		SPORTCYCLE			
18:00	GAP		GAP		GAP		
19:00	TULUKA BODY COMBAT SPORTCYCLE	SPORTCYCLE YOGA SPORT FUNCTIONAL	TULUKA BODY COMBAT SPORTCYCLE	YOGA SPORT FUNCTIONAL SPORTCYCLE	TULUKA SPORTCYCLE BODY COMBAT		
20:00	TULUKA BODY PUMP	SPORTCYCLE TULUKA ZUMBA	TULUKA BODY PUMP	SPORTCYCLE ZUMBA TULUKA	TULUKA BODY PUMP		
21:00	TULUKA YOGA	BODY COMBAT	TULUKA YOGA	BODY COMBAT	YOGA TULUKA		