

# HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	TULUKA ZUMBA SPORTCYCLE	SPORT FUNCTIONAL RITMOS LATINOS	SPORTCYCLE ZUMBA TULUKA	SPORT FUNCTIONAL RITMOS LATINOS	SPORTCYCLE ZUMBA TULUKA		
09:00	SPORT FUNCTIONAL	SPORTCYCLE LOCALIZADA	SPORT FUNCTIONAL	SPORTCYCLE LOCALIZADA	SPORT FUNCTIONAL	LOCALIZADA	
10:00	AQUA GYM	YOGA	AQUA GYM	YOGA		YOGA SPORT FUNCTIONAL	
10:30						SPORTCYCLE	
11:00						ZUMBA	
11:30						SPORTCYCLE	
12:00						ABDOMINALES	
12:30						STRETCHING	
13:30		TULUKA		TULUKA			
14:30		SPORTCYCLE		SPORTCYCLE			
16:00		AQUA GYM		AQUA GYM		ZUMBA	
17:00	ABDOMINALES		PILATES MAT		ABDOMINALES	SPORT FUNCTIONAL	
17:30	STRETCHING				STRETCHING		
18:00	YOGA GAP	POWER LOCAL AEROBOX	GAP	POWER LOCAL AEROBOX	YOGA GAP		
19:00	BODY COMBAT TULUKA SPORTCYCLE	SPORTCYCLE SPORT FUNCTIONAL YOGA	SPORTCYCLE BODY COMBAT TULUKA	SPORTCYCLE SPORT FUNCTIONAL YOGA	TULUKA SPORTCYCLE BODY COMBAT		
20:00	SPORTCYCLE TULUKA BODY PUMP	SPORTCYCLE ZUMBA TULUKA	SPORTCYCLE BODY PUMP TULUKA	ZUMBA SPORTCYCLE TULUKA	BODY PUMP TULUKA		
21:00	YOGA TULUKA	BODY ATTACK TULUKA	YOGA TULUKA	TULUKA BODY ATTACK	YOGA TULUKA		