

HORARIOS DE CLASE

| HS. | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-------|---|--------|---|--------|---|---|---------|
| 08:00 | FUNCTIONAL OUTDOOR CARDIO OUTDOOR ABDOMINALES OUTDOOR MUSCULACIÓN OUTDOOR | | CARDIO OUTDOOR MUSCULACIÓN OUTDOOR ABDOMINALES OUTDOOR FUNCTIONAL OUTDOOR | | CARDIO OUTDOOR MUSCULACIÓN OUTDOOR ABDOMINALES OUTDOOR FUNCTIONAL OUTDOOR | CARDIO OUTDOOR MUSCULACIÓN OUTDOOR FUNCTIONAL OUTDOOR ABDOMINALES OUTDOOR | |
| 09:30 | MUSCULACIÓN OUTDOOR ABDOMINALES OUTDOOR FUNCTIONAL OUTDOOR CARDIO OUTDOOR | | ABDOMINALES OUTDOOR MUSCULACIÓN OUTDOOR FUNCTIONAL OUTDOOR CARDIO OUTDOOR | | ABDOMINALES OUTDOOR MUSCULACIÓN OUTDOOR FUNCTIONAL OUTDOOR CARDIO OUTDOOR | ABDOMINALES OUTDOOR FUNCTIONAL OUTDOOR CARDIO OUTDOOR MUSCULACIÓN OUTDOOR | |
| 10:45 | MUSCULACIÓN OUTDOOR ABDOMINALES OUTDOOR CARDIO OUTDOOR FUNCTIONAL OUTDOOR | | MUSCULACIÓN OUTDOOR ABDOMINALES OUTDOOR CARDIO OUTDOOR FUNCTIONAL OUTDOOR | | MUSCULACIÓN OUTDOOR ABDOMINALES OUTDOOR CARDIO OUTDOOR FUNCTIONAL OUTDOOR | MUSCULACIÓN OUTDOOR ABDOMINALES OUTDOOR FUNCTIONAL OUTDOOR CARDIO OUTDOOR | |
| 14:00 | ABDOMINALES OUTDOOR MUSCULACIÓN OUTDOOR CARDIO OUTDOOR FUNCTIONAL OUTDOOR | | CARDIO OUTDOOR ABDOMINALES OUTDOOR MUSCULACIÓN OUTDOOR FUNCTIONAL OUTDOOR | | FUNCTIONAL OUTDOOR MUSCULACIÓN OUTDOOR ABDOMINALES OUTDOOR CARDIO OUTDOOR | | |

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| 15:30 | FUNCTIONAL OUTDOOR ABDOMINALES OUTDOOR MUSCULACIÓN OUTDOOR OUTDOOR CARDIO OUTDOOR | | MUSCULACIÓN OUTDOOR CARDIO OUTDOOR FUNCTIONAL OUTDOOR ABDOMINALES OUTDOOR | | MUSCULACIÓN OUTDOOR FUNCTIONAL OUTDOOR CARDIO OUTDOOR ABDOMINALES OUTDOOR | | |
| 16:45 | CARDIO OUTDOOR MUSCULACIÓN OUTDOOR FUNCTIONAL OUTDOOR ABDOMINALES OUTDOOR | | CARDIO OUTDOOR MUSCULACIÓN OUTDOOR FUNCTIONAL OUTDOOR ABDOMINALES OUTDOOR | | CARDIO OUTDOOR FUNCTIONAL OUTDOOR ABDOMINALES OUTDOOR MUSCULACIÓN OUTDOOR | | |

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