

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	CROSS TRAINING		CROSS TRAINING		CROSS TRAINING		
08:00	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		
08:30		ZUMBA		ZUMBA			
09:00	LOCALIZADA		LOCALIZADA		LOCALIZADA		
09:30		SPORTFUNCTIONAL		SPORTFUNCTIONAL		SPORTFUNCTIONAL	
10:30		YOGA		YOGA			
11:00						ZUMBA	
13:00	BODY PUMP		BODY PUMP		BODY PUMP		
14:00		SPORTCYCLE		SPORTCYCLE			
18:00	ZUMBA		ZUMBA		ZUMBA		
19:00	GAP	SPORTFUNCTIONAL	GAP	SPORTFUNCTIONAL	GAP		
20:00	SPORTCYCLE YOGA	CROSS TRAINING	SPORTCYCLE YOGA	CROSS TRAINING	SPORTCYCLE YOGA		

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