

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:30	SPORTCYCLE	POWER LOCAL	SPORTCYCLE	POWER LOCAL	SPORTCYCLE		
08:30	SPORTFUNCTIONAL	SPORTCYCLE	SPORTFUNCTIONAL	SPORTCYCLE	SPORTFUNCTIONAL		
09:00						BOX TRAINNING	
10:30						BOX TRAINNING	
13:30	TALLER ABDOMINALES	TALLER DE STRETCHING	TALLER ABDOMINALES	TALLER DE STRETCHING	TALLER ABDOMINALES		
18:30	POWER LOCAL	SPORTCYCLE	POWER LOCAL	SPORTCYCLE	POWER LOCAL		
19:30	SPORTCYCLE	SPORTFUNCTIONAL	SPORTCYCLE	SPORTFUNCTIONAL	SPORTCYCLE		

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