

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE		
08:15	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL		
08:30		SPORTCYCLE		SPORTCYCLE			
09:00	YOGA	ZUMBA	YOGA	ZUMBA	YOGA		
09:30		LOCAL		LOCAL			
10:00						SPORTCYCLE SPORT FUNCTIONAL	
11:00						PILATES MAT	
13:00	SPORT FUNCTIONAL SPORTCYCLE	SPORTCYCLE SPORT FUNCTIONAL	SPORT FUNCTIONAL SPORTCYCLE	SPORTCYCLE SPORT FUNCTIONAL	SPORT FUNCTIONAL SPORTCYCLE		
16:00		YOGA		YOGA			
17:00		GAP		GAP		SPORT FUNCTIONAL ZUMBA	
18:00	PILATES MAT ENTRENAMIENTO FUNCIONAL	ZUMBA STRETCHING	PILATES MAT ENTRENAMIENTO FUNCIONAL	ZUMBA STRONG STRETCHING	PILATES MAT ENTRENAMIENTO FUNCIONAL		
19:00	ZUMBA SPORTCYCLE SPORT FUNCTIONAL	SPORTCYCLE LOCAL SPORT FUNCTIONAL	ZUMBA SPORTCYCLE SPORT FUNCTIONAL	SPORTCYCLE SPORT FUNCTIONAL LOCAL	ZUMBA SPORTCYCLE SPORT FUNCTIONAL		
19:30	100% ABDOMINALES		100% ABDOMINALES		ABDOMINALES		
20:00	BOX TRAINING BODY PUMP SPORT FUNCTIONAL	ZUMBA 100% ABDOMINALES ENTRENAMIENTO FUNCIONAL SPORTCYCLE	BOX TRAINING BODY PUMP SPORT FUNCTIONAL	ABDOMINALES SPORTCYCLE ZUMBA ENTRENAMIENTO FUNCIONAL	BOX TRAINING BODY PUMP		
20:15	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		