

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:30	SPORTCYCLE	GAP	SPORTCYCLE	GAP	SPORTCYCLE		
08:30	LOCAL MIX	SPORTCYCLE	LOCAL MIX	SPORTCYCLE	LOCAL MIX		
10:30	YOGA		YOGA		PILATES MAT		
11:30					STRETCHING	SPORTCYCLE	
12:00						ZUMBA	
13:00	LOCAL MIX SPORTCYCLE SPORT FUNCTIONAL	SPORTCYCLE SPORT FUNCTIONAL	LOCAL MIX SPORTCYCLE SPORT FUNCTIONAL	SPORTCYCLE SPORT FUNCTIONAL			
14:00					SPORT FUNCTIONAL		
18:15	SPORTCYCLE SPORT FUNCTIONAL ZUMBA		SPORTCYCLE ZUMBA SPORT FUNCTIONAL		SPORT FUNCTIONAL SPORTCYCLE ZUMBA		
18:30		SPORTCYCLE TALLER DE ABDOMINALES		SPORTCYCLE TALLER DE ABDOMINALES			
19:00	TALLER DE ABDOMINALES	POWER LOCAL	TALLER DE ABDOMINALES	POWER LOCAL	TALLER DE ABDOMINALES		
19:30	RITMOS LATINOS	SPORTCYCLE	RITMOS LATINOS	SPORTCYCLE	RITMOS LATINOS		
20:00		ZUMBA		ZUMBA			
20:30	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL		