

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:30	SPORTCYCLE	GAP	SPORTCYCLE	GAP	SPORTCYCLE		
08:30	LOCAL MIX	SPORTCYCLE	LOCAL MIX	SPORTCYCLE	LOCAL MIX		
10:00	YOGA		YOGA		PILATES MAT		
11:30						SPORTCYCLE	
12:30						ZUMBA	
13:00	SPORT FUNCTIONAL SPORTCYCLE LOCAL MIX	SPORTCYCLE SPORT FUNCTIONAL	SPORTCYCLE LOCAL MIX SPORT FUNCTIONAL	SPORTCYCLE SPORT FUNCTIONAL			
14:00					SPORT FUNCTIONAL		
18:15	ZUMBA SPORT FUNCTIONAL SPORTCYCLE	BODY COMBAT	ZUMBA SPORT FUNCTIONAL SPORTCYCLE	BODY COMBAT	ZUMBA SPORT FUNCTIONAL SPORTCYCLE		
18:30		SPORTCYCLE		SPORTCYCLE			
19:00	TALLER DE ABDOMINALES	POWER LOCAL	TALLER DE ABDOMINALES	POWER LOCAL	TALLER DE ABDOMINALES		
19:30	RITMOS LATINOS	SPORTCYCLE	RITMOS LATINOS	SPORTCYCLE	RITMOS LATINOS		
20:00		BOX TRAINING		BOX TRAINING			
20:30	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL		

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