

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	TULUKA SPORTCYCLE ZUMBA	SPORT FUNCIONAL RITMOS LATINOS	SPORTCYCLE ZUMBA TULUKA	SPORT FUNCIONAL RITMOS LATINOS	ZUMBA SPORTCYCLE TULUKA		
09:00	SPORT FUNCIONAL	LOCALIZADA SPORTCYCLE	SPORT FUNCIONAL	LOCALIZADA SPORTCYCLE	SPORT FUNCIONAL	LOCALIZADA	
10:00		YOGA		YOGA		SPORT FUNCIONAL YOGA	
10:30						SPORTCYCLE	
11:00						ZUMBA	
11:30						SPORTCYCLE	
12:00						ABDOMINALES	
12:30						STRETCHING	
13:30		TULUKA		TULUKA			
14:30	SPORT FUNCIONAL	SPORTCYCLE	SPORT FUNCIONAL	SPORTCYCLE			
17:00	ABDOMINALES		PILATES MAT		ABDOMINALES		
17:30	STRETCHING				STRETCHING		
18:00	GAP YOGA	BOX TRAINING POWER LOCAL	GAP	POWER LOCAL BOX TRAINING	YOGA GAP	ZUMBA SPORT FUNCIONAL	
19:00	BODY COMBAT TULUKA SPORTCYCLE	SPORTCYCLE SPORT FUNCIONAL YOGA	TULUKA BODY COMBAT SPORTCYCLE	YOGA SPORTCYCLE SPORT FUNCIONAL	TULUKA BODY COMBAT SPORTCYCLE		
20:00	TULUKA SPORTCYCLE BODY PUMP	SPORTCYCLE TULUKA ZUMBA	SPORTCYCLE BODY PUMP TULUKA	SPORTCYCLE TULUKA ZUMBA	BODY PUMP TULUKA		

21:00

YOGA
TULUKA

BODY ATTACK
TULUKA

TULUKA

BODY ATTACK
TULUKA

TULUKA

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