

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:15		HIIT		HIIT			
08:45		LATIN GAP		LATIN GAP			
09:00	PILATES		PILATES				
13:15	POWER LOCAL	HIIT	POWER LOCAL	HIIT	POWER LOCAL		
14:00		STRETCHING		STRETCHING			
15:30		LADY FUNCTIONAL		LADY FUNCTIONAL			
18:00	GAP		GAP		GAP		
18:30	HIIT	ZUMBA	HIIT	ZUMBA	HIIT		