

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMIN
08:00	SPORTFUNCTIONAL	SPORTCYCLE SPORTCROSS	SPORTFUNCTIONAL	SPORTCROSS SPORTCYCLE	SPORTFUNCTIONAL		
09:00	YOGA		YOGA		YOGA		
09:30		SPORTFUNCTIONAL		SPORTFUNCTIONAL			
10:30	HIIT	LOCALIZADA	HIIT	LOCALIZADA	HIIT	SPORTCYCLE	
14:00		SPORTCYCLE		SPORTCYCLE			
18:00	SPORTFUNCTIONAL	LOCALIZADA	SPORTFUNCTIONAL	LOCALIZADA	SPORTFUNCTIONAL		
19:00	SPORTCYCLE	SPORTCYCLE BODY COMBAT	SPORTCYCLE	BODY COMBAT SPORTCYCLE	SPORTCYCLE		