

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	FUNCTIONAL		FUNCTIONAL		FUNCTIONAL		
09:00	LOCAL	YOGA	LOCAL	YOGA	LOCAL		
09:30	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		
10:00	FIGHT DO	LOCAL	FIGHT DO	LOCAL	FIGHT DO		
11:00		ZUMBA		ZUMBA			
18:00	LOCAL	STRETCHING	LOCAL	STRETCHING	LOCAL		
19:00	FUNCTIONAL SPORTCYCLE	SPORTCYCLE ZUMBA FUNCTIONAL	SPORTCYCLE FUNCTIONAL	ZUMBA SPORTCYCLE FUNCTIONAL	SPORTCYCLE FUNCTIONAL		
20:00	BODY PUMP SPORTFUNCTIONAL	SPORTCYCLE	SPORTFUNCTIONAL BODY PUMP	SPORTCYCLE	BODY PUMP		