

# HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	LOCALIZADA		LOCALIZADA		LOCALIZADA		
08:30		FUNCTIONAL		FUNCTIONAL			
09:00	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		
10:00						SPORTCYCLE	
11:00						LOCALIZADA	
12:00						FUNCTIONAL	
13:00	FUNCTIONAL		FUNCTIONAL		FUNCTIONAL		
18:00	HIIT	SPORTCYCLE	HIIT	SPORTCYCLE	HIIT		
19:00	FUNCTIONAL	YOGA	FUNCTIONAL	YOGA	FUNCTIONAL		