

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR		
08:00	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR		
09:00	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR SPORTCYCLE	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR SPORTCYCLE	FUNCTIONAL OUTDOOR		
10:00	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR		
11:00	STRETCHING FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	STRETCHING FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR STRETCHING	SPORTCYCLE	
16:00						YOGA	
17:00	FUNCTIONAL OUTDOOR	YOGA FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR		
18:00	FUNCTIONAL OUTDOOR BODY PUMP ZUMBA OUTDOOR	FUNCTIONAL OUTDOOR LOCALIZADA	FUNCTIONAL OUTDOOR BODY PUMP	FUNCTIONAL OUTDOOR LOCALIZADA	FUNCTIONAL OUTDOOR ZUMBA OUTDOOR		
19:00	SPORTCYCLE FUNCTIONAL OUTDOOR	FUNCTIONAL OUTDOOR BODY BALANCE	FUNCTIONAL OUTDOOR SPORTCYCLE	FUNCTIONAL OUTDOOR BODY BALANCE	FUNCTIONAL OUTDOOR SPORTCYCLE		
20:00		FUNCTIONAL OUTDOOR		FUNCTIONAL OUTDOOR			