

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	FUNCTIONAL	HIIT	FUNCTIONAL	HIIT	HIIT		
08:00	HIIT	FUNCTIONAL	HIIT	FUNCTIONAL	HIIT		
09:00	HIIT		HIIT		HIIT		
10:00	BOX TRAINNING		BOX TRAINNING		BOX TRAINNING		
10:30						TAEKWONDO INFANTIL	
11:00	FUNCTIONAL		FUNCTIONAL		FUNCTIONAL		
11:30						TAEKWONDO (ADULTOS)	
12:30						MIX DANCE	
18:00	BOX TRAINNING		BOX TRAINNING				
19:00	HIIT		HIIT				