

# HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	HIIT	HIIT	HIIT	HIIT	HIIT		
08:00	ENTRENAMIENTO FUNCIONAL	SPORTCYCLE TULUKA	SPORTFUNCTIONAL	TULUKA SPORTCYCLE	SPORTFUNCTIONAL		
09:00	SPORTCYCLE STRETCHING	BODY PUMP LOCALIZADA	SPORTCYCLE STRETCHING	BODY PUMP LOCALIZADA	SPORTCYCLE STRETCHING	BODY PUMP	
10:00	LOCALIZADA		LOCALIZADA		LOCALIZADA		
11:00						SPORTCYCLE	
12:00						LOCALIZADA	
13:00	SPORTFUNCTIONAL		SPORTFUNCTIONAL		SPORTFUNCTIONAL	ZUMBA	
17:00	GAP		GAP		GAP	POWER JUMP	
18:00	TULUKA BODY PUMP	ENTRENAMIENTO FUNCIONAL LOCALIZADA	TULUKA BODY PUMP	ENTRENAMIENTO FUNCIONAL LOCALIZADA	TULUKA BODY PUMP	BODY COMBAT	
19:00	SPORTCYCLE TULUKA BODY PUMP	POWER JUMP TULUKA SPORTCYCLE	SPORTCYCLE TULUKA BODY PUMP	POWER JUMP TULUKA SPORTCYCLE	SPORTCYCLE TULUKA BODY PUMP		
20:00	TULUKA YOGA SPORTCYCLE	TULUKA ZUMBA	YOGA TULUKA SPORTCYCLE	TULUKA ZUMBA	TULUKA YOGA SPORTCYCLE		
21:00	BODY COMBAT		BODY COMBAT		BODY COMBAT		