

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL		
07:30	ROWING CLASS		ROWING CLASS		ROWING CLASS		
08:00	CYCLE ADVANCE	ADVANCE	CYCLE ADVANCE	ADVANCE	ADVANCE CYCLE		
08:15	ROWING CLASS		ROWING CLASS		ROWING CLASS		
09:00	ALL LEVEL ROWING CLASS	ALL LEVEL	ALL LEVEL ROWING CLASS	ALL LEVEL	ALL LEVEL ROWING CLASS	ALL LEVEL	
10:00	GIMNASTIC FUNCTIONAL	ALL LEVEL FUNCTIONAL	GIMNASTIC FUNCTIONAL	FUNCTIONAL ALL LEVEL	GIMNASTIC FUNCTIONAL	ALL LEVEL	
11:00	YOGA ALL LEVEL	ALL LEVEL	YOGA ALL LEVEL	ALL LEVEL	ALL LEVEL	ADVANCE	
12:00	ADVANCE	ADVANCE	ADVANCE	ADVANCE	ADVANCE	ALL LEVEL	
13:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL		
16:00	ALL LEVEL	ALL LEVEL	GIMNASTIC	ALL LEVEL	ALL LEVEL	ALL LEVEL	
17:00	ALL LEVEL GIMNASTIC	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	
18:00	ALL LEVEL ADVANCE	ALL LEVEL ADVANCE	ALL LEVEL ADVANCE	ALL LEVEL	ALL LEVEL ADVANCE	ADVANCE	
18:30	ALL LEVEL	ALL LEVEL	ALL LEVEL				
19:00	CYCLE YOGA ALL LEVEL	ROWING CLASS FUNCTIONAL ADVANCE	ADVANCE YOGA CYCLE ALL LEVEL	ROWING CLASS ADVANCE FUNCTIONAL	CYCLE ALL LEVEL	ALL LEVEL	
19:30	ALL LEVEL	ALL LEVEL	ALL LEVEL				
19:45		ROWING CLASS		ROWING CLASS			
20:00	ADVANCE CYCLE	ALL LEVEL	ADVANCE CYCLE	ALL LEVEL	CYCLE ADVANCE		
20:30		ROWING CLASS		ROWING CLASS			
21:00	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL	ALL LEVEL		