

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	GAP SPORTCYCLE	TULUKA SPORTCYCLE	PILATES MAT SPORTCYCLE	TULUKA SPORTCYCLE	GAP		
09:00	STRETCHING	TABATA OUTDOOR	YOGA	TABATA OUTDOOR	STRETCHING	BODY PUMP	
10:00						YOGA	
11:00						BODY COMBAT TULUKA	
14:30	MIX TRAINING OUTDOOR				MIX TRAINING OUTDOOR		
17:00	TULUKA SPORTCYCLE	TULUKA	TULUKA YOGA	TULUKA	TULUKA SPORTCYCLE		
18:00	TULUKA BODY PUMP SPORTCYCLE	HIIT TULUKA SPORTCYCLE	GAP TULUKA SPORTCYCLE	HIIT TULUKA SPORTCYCLE	TULUKA BODY PUMP SPORTCYCLE		
19:00	TABATA OUTDOOR TULUKA TULUKA	BODY COMBAT SPORTCYCLE TULUKA TULUKA	ZUMBA TULUKA TULUKA	BODY COMBAT TULUKA SPORTCYCLE TULUKA	TULUKA TULUKA TABATA OUTDOOR		