

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMIN
07:15	SPORTFUNCTIONAL	SPORTCYCLE	SPORTFUNCTIONAL	SPORTCYCLE			
08:15		HIIT			HIIT		
13:00		LOCALIZADA		LOCALIZADA			
13:15	SPORTFUNCTIONAL		SPORTFUNCTIONAL		SPORTFUNCTIONAL		
13:30		STRETCHING		STRETCHING			
18:00	SPORTFUNCTIONAL RUNNING TEAM	SPORTCYCLE	SPORTFUNCTIONAL	RUNNING TEAM SPORTCYCLE	SPORTFUNCTIONAL		
19:00	FIGHT DO SPORTCYCLE	SPORTFUNCTIONAL	FIGHT DO SPORTCYCLE	SPORTFUNCTIONAL	FIGHT DO		