

# HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	TULUKA	SPORT FUNCTIONAL	TULUKA	SPORT FUNCTIONAL	TULUKA		
08:30	SPORTCYCLE	LOCALIZADA	SPORTCYCLE	LOCALIZADA	SPORTCYCLE		
09:00	POWER YOGA	TULUKA	YOGA TERAPÉUTICO	TULUKA	YOGA INTEGRAL		
09:30		STRETCHING		STRETCHING			
10:00	ZUMBA		ZUMBA		ZUMBA	TULUKA ZUMBA	
11:00	SPORTCYCLE VIRTUAL		SPORTCYCLE VIRTUAL		SPORTCYCLE VIRTUAL	SPORTCYCLE	
12:00						SPORT FUNCTIONAL	
13:30	SPORT FUNCTIONAL	SPORTCYCLE TULUKA	SPORT FUNCTIONAL	SPORTCYCLE TULUKA	SPORT FUNCTIONAL		
14:00		FULL LOCAL		FULL LOCAL			
14:30	TULUKA		TULUKA		TULUKA		
15:00	POWER LOCAL	POWER YOGA	POWER LOCAL	YOGA TERAPÉUTICO	POWER LOCAL		
16:00		SPORTCYCLE VIRTUAL		SPORTCYCLE VIRTUAL			
17:00	SPORTCYCLE VIRTUAL		SPORTCYCLE VIRTUAL		SPORTCYCLE VIRTUAL		
18:00	SPORT FUNCTIONAL TULUKA PILATES MAT	TULUKA	SPORT FUNCTIONAL TULUKA PILATES MAT	TULUKA	TULUKA SPORT FUNCTIONAL		
19:00	FIT BOX ZUMBA TULUKA	BODY PUMP SPORTCYCLE TULUKA	FIT BOX ZUMBA TULUKA	BODY PUMP SPORTCYCLE TULUKA	FIT BOX TULUKA STRONG BY ZUMBA		
19:30	TALLER DE ABDOMINALES	TALLER DE ABDOMINALES	TALLER DE ABDOMINALES	TALLER DE ABDOMINALES	TALLER DE ABDOMINALES		
20:00	SPORTCYCLE POWER YOGA SPORT FUNCTIONAL	SPORT FUNCTIONAL SPORTCYCLE STRONG BY ZUMBA	SPORTCYCLE SPORT FUNCTIONAL YOGA TERAPÉUTICO	STRONG BY ZUMBA SPORTCYCLE SPORT FUNCTIONAL	SPORTCYCLE SPORT FUNCTIONAL YOGA INTEGRAL		
21:00	STRETCHING		STRETCHING		STRETCHING		