

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:15	SPORTFUNCTIONAL		SPORTFUNCTIONAL		SPORTFUNCTIONAL		
09:00		SPORTCYCLE		SPORTCYCLE			
09:15	SÚPER LOCAL		CIRCUIT-FEM		SÚPER LOCAL		
10:00		ZUMBA		ZUMBA			
10:15	LOCALIZADA INT.		ABDOMINAL POWER		POWERFLEX		
11:15	STRETCHING		PILATES MAT		PILATES MAT		
11:30					ZUMBA		
15:00	X55	SPORTCYCLE	LOCAL BAR	SPORTCYCLE	CIRCUIT-FEM		
18:00	BODY COMBAT GAP	FIT DANCE	SPORTFUNCTIONAL X55	FIT DANCE	SUPER WORKOUT SALIDAS A CORRER		
19:00	KANGOO JUMPS SPORTCYCLE	LOCAL BAR SPORTCYCLE	SPORTCYCLE KANGOO JUMPS	LOCAL BAR SPORTCYCLE	ENTRENAMIENTO FUNCIONAL		
19:30		ENTRENAMIENTO FUNCIONAL		ENTRENAMIENTO FUNCIONAL			

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