

HORARIOS DE CLASE

| HS. | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-------|--|--------------------------------------|--|--------------------------------------|--|-------------------------------|---------|
| 07:00 | TULUKA | TULUKA | TULUKA | TULUKA | TULUKA | | |
| 08:00 | TULUKA SPORTCYCLE BODY PUMP | TULUKA ENTRENAMIENTO FUNCIONAL | TULUKA BODY PUMP SPORTCYCLE | TULUKA ENTRENAMIENTO FUNCIONAL | TULUKA BODY PUMP SPORTCYCLE | | |
| 09:00 | 100% ABDOMINALES TULUKA AERO MIX | TULUKA POWER FIT | TULUKA 100% ABDOMINALES AERO MIX | TULUKA POWER FIT | 100% ABDOMINALES TULUKA AERO MIX | | |
| 09:30 | | | | | | YOGA | |
| 10:00 | STRETCHING | YOGA | STRETCHING | YOGA | STRETCHING | | |
| 11:00 | | | | | | POWER FIT | |
| 11:30 | CHI KUNG | MAÑANA POSTURALES | CHI KUNG | MAÑANA POSTURALES | CHI KUNG | | |
| 12:00 | | | | | | RITMOS LATINOS SPORTCYCLE | |
| 13:30 | SPORTCYCLE | LOCAL MIX TRAINING | SPORTCYCLE | LOCAL MIX TRAINING | SPORTCYCLE VIRTUAL | | |
| 15:00 | | SPORTCYCLE VIRTUAL | | SPORTCYCLE VIRTUAL | | | |
| 16:00 | SPORTCYCLE VIRTUAL | | SPORTCYCLE VIRTUAL | | SPORTCYCLE VIRTUAL | | |
| 17:00 | ZUMBA TULUKA | TULUKA YOGA | TULUKA ZUMBA | YOGA TULUKA | ZUMBA TULUKA | SPORTCYCLE VIRTUAL YOGA | |
| 18:00 | LOCAL SPORT TULUKA | ENTRENAMIENTO FUNCIONAL TULUKA | LOCAL SPORT TULUKA | ENTRENAMIENTO FUNCIONAL TULUKA | LOCAL SPORT TULUKA | | |
| 18:30 | SPORTCYCLE | 100% ABDOMINALES | SPORTCYCLE | 100% ABDOMINALES | | | |

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|--------------|--|--|--------------------------------|--|-----------------------------------|--|--|
| 19:00 | TULUKA BODY PUMP | RUNNING TEAM TULUKA YOGA SPORTCYCLE | TULUKA BODY PUMP | RUNNING TEAM TULUKA YOGA SPORTCYCLE | TULUKA SPORTCYCLE BODY PUMP | | |
| 19:30 | 100% ABDOMINALES | 100% ABDOMINALES | 100% ABDOMINALES SPORTCYCLE | 100% ABDOMINALES | 100% ABDOMINALES | | |
| 20:00 | SPORTCYCLE TULUKA ENTRENAMIENTO FUNCIONAL | POWER LOCAL TULUKA SPORTCYCLE | RITMOS LATINOS | POWER LOCAL SPORTCYCLE TULUKA | STRETCHING TULUKA | | |

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