

HORARIOS DE CLASE

| HS. | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-------|---|--|---|--|--------------------------------|---------------------------|---------|
| 08:15 | POWER LOCAL | SPORTCYCLE | POWER LOCAL | SPORTCYCLE | POWER LOCAL | | |
| 09:00 | SPORT FUNCTIONAL STRETCHING | POWER LOCAL | SPORT FUNCTIONAL STRETCHING | POWER LOCAL | STRETCHING SPORT FUNCTIONAL | | |
| 10:00 | SPORTCYCLE | SPORT FUNCTIONAL | SPORTCYCLE | SPORT FUNCTIONAL | SPORTCYCLE | YOGA | |
| 11:30 | | | | | | 100% ABDOMINALES | |
| 12:00 | | | | | | SPORTCYCLE BODY COMBAT | |
| 13:30 | | | | | | STRETCHING | |
| 18:00 | SPORTCYCLE KROPP 3D | YOGA | KROPP 3D SPORTCYCLE | YOGA | KROPP 3D | BODY PUMP | |
| 18:30 | | | | | SPORTCYCLE | | |
| 19:00 | SPORTCYCLE ZUMBA BOXEO RECREATIVO | SPORT FUNCTIONAL SPORTCYCLE STRETCHING | BOXEO ZUMBA SPORTCYCLE | SPORTCYCLE STRETCHING SPORT FUNCTIONAL | ZUMBA BOXEO RECREATIVO | | |
| 20:00 | BODY PUMP SPORTCYCLE SPORT FUNCTIONAL | SPORTCYCLE BODY COMBAT | BODY PUMP SPORT FUNCTIONAL SPORTCYCLE | BODY COMBAT SPORTCYCLE | BODY PUMP SPORT FUNCTIONAL | | |
| 20:30 | | 100% ABDOMINALES | | 100% ABDOMINALES | | | |
| 21:00 | BODY COMBAT | BODY PUMP | BODY COMBAT | BODY PUMP | | | |