

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	SPORTCYCLE	GAP	SPORTCYCLE	GAP	SPORTCYCLE		
09:00		STRETCHING		STRETCHING			
12:00	YOGA	STRETCHING	YOGA	STRETCHING	YOGA	SPORTCYCLE	
13:00	SPORTFUNCTIONAL	SPORTFUNCTIONAL SPORTCYCLE	SPORTFUNCTIONAL	SPORTFUNCTIONAL SPORTCYCLE	SPORTFUNCTIONAL	SPORTFUNCTIONAL	
18:00	YOGA SPORTFUNCTIONAL	SPORTFUNCTIONAL ZUMBA	SPORTFUNCTIONAL YOGA	SPORTFUNCTIONAL ZUMBA	STRETCHING SPORTFUNCTIONAL		
19:00	SPORTFUNCTIONAL SPORTCYCLE	SPORTCYCLE SPORTFUNCTIONAL	SPORTCYCLE SPORTFUNCTIONAL	SPORTCYCLE SPORTFUNCTIONAL	YOGA SPORTFUNCTIONAL		
20:00		POWER LOCAL	TAEKWONDO (ADULTOS)	POWER LOCAL	TAEKWONDO (ADULTOS) SPORTCYCLE		

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