

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:15	LOCALIZADA		LOCALIZADA		LOCALIZADA		
08:30	SPORTCYCLE	SPORTCYCLE	SPORTCYCLE	SPORTCYCLE			
09:30	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE	SPORTCYCLE	
10:30						ZUMBA	
11:15						DANCING -TONIC	
12:15		AERO LOCAL FUNCTIONAL		AERO LOCAL FUNCTIONAL			
13:00	SPORTCYCLE	AERO LOCAL SPORTCYCLE	SPORTCYCLE	SPORTCYCLE AERO LOCAL	SPORTCYCLE		
13:15	AEROBOX		AEROBOX		FUNCTIONAL		
18:00		ZUMBA		ZUMBA			
18:30	STRETCHING		STRETCHING		STRETCHING		
18:45		DANCING -TONIC		DANCING -TONIC			
19:00	FUNCTIONAL		FUNCTIONAL				
19:30	SPORTCYCLE RITMOS URBANOS	SPORTCYCLE	DANZA MODERNA SPORTCYCLE	SPORTCYCLE	RITMOS URBANOS SPORTCYCLE		

Thames Av. Fondo de la Legua 590 - 011 4763-8400 4763-8250 4766-4055 - info.thames@sportclub.com.ar



/sportcluboficial



/sportcluboficial



/sportclub_gym