

HORARIOS DE CLASE

| HS. | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-------|-------------------------------|--------------------------------|-------------------------------|--------------------------------|------------------------------|------------|---------|
| 07:30 | SPORTCYCLE | GAP | SPORTCYCLE | GAP | SPORTCYCLE | | |
| 08:30 | LOCAL MIX | SPORTCYCLE | LOCAL MIX | SPORTCYCLE | LOCAL MIX | | |
| 10:00 | YOGA | | YOGA | | STRETCHING | | |
| 11:30 | | | | | | SPORTCYCLE | |
| 12:30 | | | | | | ZUMBA | |
| 13:00 | SPORT FUNCTIONAL LOCAL MIX | SPORT FUNCTIONAL SPORTCYCLE | SPORT FUNCTIONAL LOCAL MIX | SPORTCYCLE SPORT FUNCTIONAL | | | |
| 14:00 | | | | | SPORT FUNCTIONAL | | |
| 18:00 | ZUMBA | | ZUMBA | | ZUMBA | | |
| 18:15 | SPORT FUNCTIONAL | BODY COMBAT | SPORT FUNCTIONAL | BODY COMBAT | | | |
| 18:30 | SPORTCYCLE | SPORTCYCLE | SPORTCYCLE | SPORTCYCLE | SPORTCYCLE | | |
| 19:00 | TALLER DE ABDOMINALES | POWER LOCAL | TALLER DE ABDOMINALES | POWER LOCAL | TALLER DE ABDOMINALES | | |
| 19:30 | SPORTCYCLE RITMOS LATINOS | SPORTCYCLE | RITMOS LATINOS SPORTCYCLE | SPORTCYCLE | RITMOS LATINOS SPORTCYCLE | | |
| 20:00 | | BOX TRAINING | | BOX TRAINING | | | |
| 20:30 | SPORT FUNCTIONAL | | SPORT FUNCTIONAL | | SPORT FUNCTIONAL | | |

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